



This week's photo challenge Send in a photo of you doing something you have to practice to get better at. Sport? Dancing? Tying shoelaces?

This week's video challenge is to say the shout out "Jesus loves an attitude of gratitude" with something you are grateful for. Maybe you are grateful for your pets, your family, your pillow or the pantry! Take your video with that in the background.

Post your videos and photos to the Ignite Kids Facebook page, FB Messenger or email them to simona@devonportcoc.com.au. We need them by the end of each TUESDAY to get into the following weekly Mashup.

How to - Cricket

This week, Hannah talks about playing cricket, particularly bowling. Even though Hannah was chosen for the state under-age team, she still has to practice so she can keep getting better. Plus the more you practice, the easier it gets.

Hannah's how to bowl tips

1. Hold the ball correctly, with your first two fingers spread out along the top of the seam, and your thumb on the seam underneath it.
2. Watch Ignite Kids Online for Hannah's 3 step instructions on how to bowl.
3. Practice! Even the best bowlers in the world have to start by learning how to bowl. Next they keep trying, train and practice so they can get better.

How to - Prayer

This week in our bible story, we learnt about 10 men with a sickness called leprosy. They lived together because leprosy was a disease that had isolated them from their families. How sad for them! When Jesus healed them, only ONE of them came back to say thank you to God. Jesus wondered why the others didn't return to say thank you.

Paul's how to pray tips from the bible

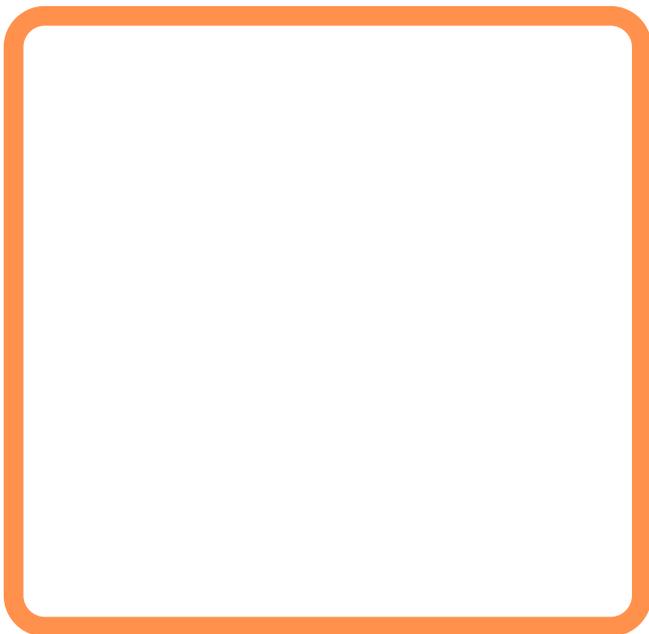
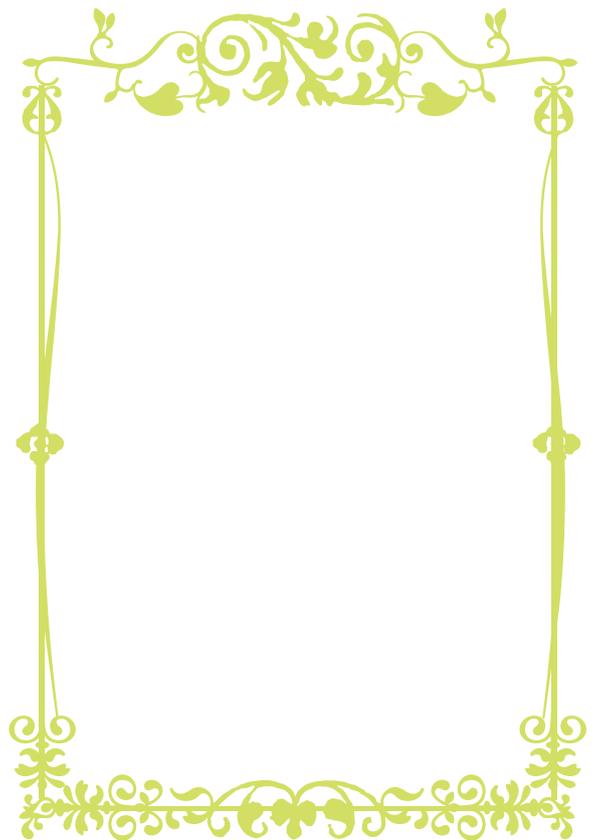
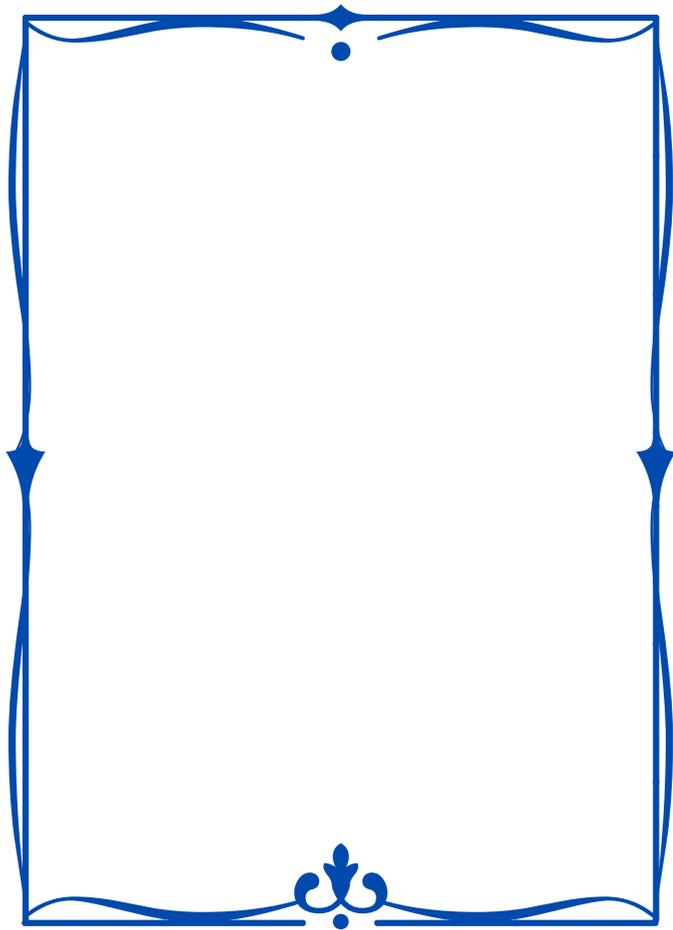
One of Jesus' followers, Paul (who wrote some of the bible) said this:

Don't worry about anything, but pray about everything. With thankful hearts offer up your prayers and requests to God. Philippians 4:6.

1. Instead of worrying about situations, pray about them.
2. Remember to say thank you for all the good things God has already done.
3. Ask God for help. Nothing is too big or too small to talk to God about.

Parent connect Do you say grace at dinner time? This is a simple way to say thank you for what God provides. You could introduce a new family habit, where everyone gets to say something they are thankful for before eating.

THANKFUL



Write or draw something you are thankful for in each shape.